

The Way of Love: A Rule of Life

*Links appear in Green!

Introduction to The Way of Love as a Rule of Life

[Way of Love Introduction Document](#) (Read)

[What is the Way of Love](#) (Listen)

[000 Way of Love](#) (Watch)

[Ep. 1: The Way of Love: Spiritual Practices for a Jesus -Focused Life](#)
(Listen)

[A Journal for The Way of Love](#) (Write)

Turn

[S1: Ep. 7: Turn-Learning to Live Unselfishly](#) (Listen)

[001 Turning our Lives In a Godward Direction](#) (Watch)

[Ep. 2: The Way of Love: Turn](#) (Listen)

[Living Well: Discernment](#) (Read)

Learn

[S1: Ep. 5: Learn-“Letting the Word master us”](#) (Listen)

[002 Learning Who This God Is and What God Is All About](#) (Watch)

[Ep. 3: The Way of Love: To Learn](#) (Listen)

[Living Well: Reading the Bible](#) (Read)

Pray

[S1: Ep. 2: Pray-Spending Time With God](#) (Listen)

[003 Talking to God, Listening For God, Being With God](#) (Watch)

[Ep. 3: The Way of Love: To Pray](#) (Listen)

[Living Well: Praying](#) (Read)

Worship

[S1: Ep. 4: Putting God at the Center](#) (Listen)

[004 Joining Our Voices With the Song Of the Angels](#) (Watch)

[Ep. 4: The Way of Love: To Worship](#) (Listen)
(Read)

[Liturgical Calendar](#) (Web Resource)

[The Mission of St. Clare Daily Office](#) (Web Resource)

[The Book of Common Prayer](#) (Web Resource)

Bless

[S1: Ep. 6: Sharing & listening to stories of life](#) (Listen)
[005 Being Blessed And Being a Blessing](#) (Watch)
[Ep. 5: The Way of Love: To Bless](#) (Listen)
[Food and Faith Initiatives](#) (Read)
Local Food Initiative: [Second Harvest Food Bank](#) (Explore)
[Laundry Love](#) (Explore)
[Episcopal Asset Map](#) (Explore)
[City of San Jose Volunteer Opportunities](#) (Explore)

Go

[006 Following In the Footsteps of Abraham, Moses, and Jesus](#) (Watch)
[Ep. 6 The Way of Love: To Go](#) (Listen)
[Living Well: Transforming the World](#) (Read)
[Baptizing and Teaching: Beyond Passive Evangelism](#) (Read)
[Office of Government Relations](#) (Web Resource)
[Becoming Beloved Community](#) (Web Resource)

Rest

[S1: Ep 3: Rest-At Pease With the One Who Made You](#) (Listen)
[007 He Makes Me Lie Down](#) (Watch)
[Ep. 7 The Way of Love: To Rest](#) (Listen)
[Living Well: Keeping Sabbath](#) (Read)
[Reclaiming the Sabbath](#) (Read)
[Oliver Sacks: Sabbath](#) (Read)
[Sabbath as Part of a Rule of Life](#) (Read)

Interested in hosting or leading a “Way Of Love” group study? Check out a few of the resources available online:

[Way of Love Small Group Facilitation Guide & Curriculum](#)
[Walking the Way of Love: A Journey Through the Baptismal Covenant](#)
[The Way of Love for Families](#)
[The Way of Love: An Intergenerational Gathering](#)

Consider joining [ECA programs and activities](#) that can deepen your **Way of Love** experience! ECA is a great place to find opportunities and resources to **Turn, Learn, Pray, Worship, Bless, Go, and Rest!**